Wow! Where does the time go? Your district director has not done his job since the election. I apologize to everyone. I am going to try to catch up and get back on track. Some of the things I have not done I didn’t know about. The newsletter is inexcusable.

I would like to share with you however, some of the causes for the tardiness. I am not making excuses just sharing some of my reasons for getting behind. Procrastination is not good.

After the election I went to the hospital in October. I thought I was having an appendicitis attack. The emergency room doctor said it sounds like a kidney stone. Sure enough, it was a kidney stone. I was given some meds at the hospital and four prescriptions. Three were for pain. Your district director has never done pain pills. So, I was not thrilled but I knew how much pain I was in, so I had the prescriptions filled. By the time I got home that evening I was free of pain and the stone passed before I could take any pills.

That was a good thing. But the doctor told me I had a bigger problem. I had a 1.7-centimeter kidney stone in my left kidney. Now for those that are not familiar with the metric system take a dime out of your pocket and imagine it to be a globe. That is the size of the stone in the left kidney. Well I won’t share all the painful nights; I will just tell you that pain can be a huge distraction from what you are supposed to be doing. Why now? Did the x-ray cause the stone to start causing problems? Well to make a long story short I had to go for two surgeries to try to break up the stone with sound waves. I am scheduled for a third surgery in a week as the first two were not enough to totally destroy the stone.

I will hopefully have a final update in the next newsletter. I can tell you I have very little pain since the second surgery so I can start catching up with what I am supposed to be doing.

We also lost a chapter in San Diego. They dissolved and sent in the required documents to NAP.

We are reaching out to other countries to share the Parliamentary experience.

If you have information to share or suggestions for our organization, please share your experiences with me or with the newsletter editor. We can all learn from shared experiences both good and bad. My email address is Consulting@MikePeckAZRE.com. My phone number is 602-359-8326. Please send us a parliamentary article or your recent news about your unit or your state. Thank you for listening and bear with me as I begin catching up on my duties as a district Director.

Michael Peck, PRP
NAP District 8 Director 2019-2021
2020 NTC - Call for Programs

We are still looking for workshop proposals! If you are interested in sharing your parliamentary knowledge, please submit a program proposal by **March 13, 2020**.

The 2020 National Training Conference will be held August 28-30, 2020, at the Hilton Palacio del Rio in San Antonio, Texas.

---

**Friday, August 28**  
*San Antonio River Cruise and Dinner at the Pearl Brewery*

Early Bird Rate June 15 is $150  
Regular Rate August 1 is $175  
Includes a $65 contribution to help NAPEF fund parliamentary education grants

**Registration opens March 31, 2020**

---

**UPCOMING EVENTS**

**ASSOCIATION ANNUAL MEETINGS**

**CSAP** - Annual Meeting TBD

**USAP**

Utah State Association of Parliamentarians (USAP)  
USAP Annual Meeting  
Saturday, November 7, 2020  
Salt Lake City, Utah

A Parliamentary Institute for interested individuals and community groups is planned in conjunction with the annual meeting. The exact location and times will be announced.

For More Information:  
Kathy Boyer PRP, USAP President  
kboyer@powerangle.com
**2020 EVENTS**

**CSAP**
The California Escondido Unit of Parliamentarians will hold three public workshops:

1. March 21, 2020 - 9:00 a.m. to 12:30 p.m. Valley Center Library, Valley Center, CA
2. April 18, 2020 - 9:00 a.m. to 12:30 p.m. Balboa Park, San Diego, CA
3. Nov 7, 2020 - 9:00 a.m. to 12:30 p.m. Park Avenue Community Center, Escondido, CA.

Topics: Meeting management; amending bylaws and the importance of minutes.

Speakers: George Speer; Bob Forthun and Jacqueline Marazzi, PRP.

---

*Send announcements of coming events in your area 3 months in advance to Maria Trujillo-Tough at mvtrujil@gmail.com.* If you have photos of your association events please send your photos to Maria Trujillo-Tough at mvtrujil@gmail.com for future issues of the District Eight Newsletter.

---

**District 8 Leadership Contacts**

<table>
<thead>
<tr>
<th>District 8 Director: Mike Peck PRP</th>
<th><a href="mailto:Consulting@mikepeckazre.com">Consulting@mikepeckazre.com</a></th>
</tr>
</thead>
</table>

**State Association Presidents:**

<table>
<thead>
<tr>
<th>Arizona: Marilyn Newman PRP</th>
<th><a href="mailto:mklaughead@gmail.com">mklaughead@gmail.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>California: James Stewart PRP</td>
<td><a href="mailto:jhstew@earthlink.net">jhstew@earthlink.net</a></td>
</tr>
<tr>
<td>China: Wanchun Sun RP</td>
<td><a href="mailto:lksunchun@163.com">lksunchun@163.com</a></td>
</tr>
<tr>
<td>Hawaii: Josette ‘JoJo’ Kawana RP</td>
<td><a href="mailto:sbunny808@aol.com">sbunny808@aol.com</a></td>
</tr>
<tr>
<td>Nevada: Ralph McMullen</td>
<td><a href="mailto:ralphmcinreno@yahoo.com">ralphmcinreno@yahoo.com</a></td>
</tr>
<tr>
<td>Utah: Kathy Boyer PRP</td>
<td><a href="mailto:kboyer@powerangle.com">kboyer@powerangle.com</a></td>
</tr>
</tbody>
</table>